



Active Living • Professional Care

**St. Andrew's Residence, Chatham  
Annual Report for the Annual General Meeting  
Katheryn Clements Hall  
Monday, June 24, 2013 - 4:00pm**

**2012-2013 BOARD OF DIRECTORS**

JANET BRADDON  
FAYE GEDDES  
JAMES SNYDER

KELLEY DOYLE  
LARRY HYATT

BARRY FRASER  
JANET MCGUIGAN KELLY

**2012-2013 EXECUTIVE**

President: Faye Geddes  
Treasurer: Barry Fraser  
Secretary: Janet Braddon

Vice President: Kelley Doyle  
Past President: Barry Fraser

**2012-2013 COMMITTEE CHAIRS**

Finance Committee	Barry Fraser
Governance Committee	James Snyder
Community Programs	Kelley Doyle
Quality and Human Risk	Janet Braddon
Nominating Committee	Barry Fraser

**2012-2013 STAFF**

Chief Executive Officer	Carolynn Barko	Director of Community Services	Jessica Smith
Director of Residential Services	Liddy Krieger	Finance and Human Resources Manager	Karen Travis
Director of Care	Linda Slemensky	Support Services Manager	Amanda Burtoft
Maintenance Supervisor	Barry Elgie	Community & Client Relations Manager	Melissa Parker
Executive Assistant	Christine Elliott	Programs Coordinator	Ina Beintema
Administrative Assistant	Irene Spisar		

## **President's Message**

It is a privilege to share the accomplishments of STAR over the last year. These accomplishments would not have been possible without the leadership of the CEO and the management staff. I would also like to thank each of the Directors and the Community representatives on the various committees for their time and sharing their knowledge to make these achievements possible. As well as the many volunteers who help make STAR what it is.

### **Vision**

Contribute to a sustainable system that provides quality of life for seniors living in Chatham-Kent and offering peace of mind for their family and friends.

### **Mission**

St. Andrew's Residence provides services that maintain and increase the quality of life for seniors living in Chatham-Kent.

Everything we do flows from our Vision and Mission statements.

Now I will update you on our Strategic Plan on 3 key points:

Financial viability- our many partnerships -and Board involvement.

First, the good news- The Auditor's report shows Star continues to operate in the black!

Congratulations to Carolynn and the Management staff.

Star has changed banks from the CIBC to Scotia Bank. Star now has a line of credit.

### **Partnerships**

I am proud of our efforts to work as a partner in the community. I will highlight 6 initiatives:

#### 1) Hospice

To develop a Hospice on St. Andrew's land.

Carolynn Barko, CEO has been a leader as co-chair of the Leadership Committee. She has spent countless hours with community members, community agencies and the LHIN determining the feasibility of a Hospice in Chatham-Kent. A Business plan was developed along with a request for funding from the LHIN. Tomorrow, June 25, 2013, a decision by the LHIN will be heard.

#### 2) Meals on Wheels Chatham-Kent

STAR has been asked to be administratively accountable for Blenheim, while Ridgeway MOW prefers to do their own administrative work. STAR is now delivering meals to Tilbury.

All LHIN funded programs must now have a Community Health Assessment completed for each recipient. This includes MOW recipients. This is very time consuming for staff. From personal experience I know one can take up to 2 hours.

#### 3) Senior Advisory Committee    More good news

On May 12, 2012 STAR was awarded the facilitation of the Senior Advisory Committee. One of the goals is to develop an Age Friendly Plan for Chatham-Kent that will cover all communities and rural areas. The vision is to unify Chatham-Kent to develop a community that provides infrastructure and resources to allow seniors to age with dignity and independence. This fits nicely with our Vision to contribute to a sustainable system.

STAR worked with the Senior Advisory Committee to submit an application for an Ontario Trillium Foundation grant.

A grant for \$88,100 was approved for the project to hire a part time project coordinator. This employee will do a needs assessment of seniors of communities in Chatham-Kent and the rural areas.

#### 4) The Tri County Health Proposal

LHIN requested disruptive innovative partnerships to implement transformative changes with respect to the Senior Care Strategy within ESC LHIN.

Our CEO worked with Lambton Elderly Outreach, Erie St. Clair VON and the Community Support Centre, Windsor to develop an action plan that focused on Chronic Disease Management, Bold, Focused Leadership and Partnership in Health promotion. This action plan was time consuming to develop for Carolynn. The plan was presented in Windsor Oct 1, 2012, Chatham-Kent Oct.2, 2012 and Sarnia /Lambton October 15, 2012. LHIN seemed receptive to the plan, however funding has not been forthcoming.

#### 5) Food Security

The Chair of the Executive Council of St. Andrew's Church, the CEO and President of the Board met on Oct.11, 2012. Discussions included MOW, Food Delivery, Volunteers and the United Churches. The Chair of the Executive Council felt this would facilitate the working relationship of the churches as well as benefit the community and STAR. Carolynn sent a letter in November to the Chatham churches and followed up with a meeting with the Presbytery. The idea did not catch on.

With all these proposed changes, we asked ourselves: where does STAR fit into the larger health care picture?

What is the role of the Board in partnerships with other agencies?

A consultant was hired. The Board and CEO met with him, then he met with the Board and then again with Board and CEO.

As result of these sessions, the Vision and Mission Statements were revised and Core Values and Principles and Guiding Principles were developed. These were approved at the March 4, 2013 Board of Directors meeting.

My 3rd and final item on my report this afternoon is

#### Other Board Involvement

I have 2 items to note here

In November a Board of Directors Manual was approved by the Board. It includes many policies to provide direction for the Board.

Also in November an agent from Stevenson & Hunt Insurance and Risk Management Specialists met with some Board members and staff to review our policy. It was deemed the policy meets the needs of STAR.

#### **St. Andrew's Terrace**

Gary Zock from Zock and Associates led the Board and CEO through the process of separating the ownership of St. Andrew's Terrace from St. Andrew's Residence, and establish the new not for profit ( St. Andrew's Terrace Life Lease Residence Inc.), the property severances and agreements with the Residence.

For the Strategic Plan, we still have challenges such as:

-To have a succession plan for the Board to operate in the ever changing environment, such as working with Boards of other organizations.

- To identify the needs of seniors as their numbers increase and determine the risks the organization are willing to take to meet these needs, whether it be housing, new programs or expanded services.
- To ensure our risk management program meets the current needs of the organization.

I am convinced if we work as a team with management we will succeed.

Despite the exceptional level of activity over the last year, our CEO and management staff is to be commended for an excellent job. Thank you! Especially gratifying to me, was the recognition of the role of STAR in the community.

A particular highlight of the year was the Chatham-Kent Chamber of Commerce awarding St. Andrew's Residence the Business of Excellence Award.

Thank-you to each and every staff person, volunteers, Board and Community members who made this recognition possible.

Faye Geddes  
President of the Board  
June 24, 2013

**Message from St. Andrew's Residence  
Medical Director**

Report to the Board of St. Andrew's Residence from the Medical Director. June 24, 2013

It gives me pleasure to report again on the health of the residents at St. Andrew's. There are currently 67 residents at the home and of those 12 are receiving assisted living services so that they can maintain their independence with us. Over the course of the year, we have had five residents pass, six residents were transferred to long term care and three moved to other retirement homes in the area. Our average age is approximately 86 years.

We experienced no influenza outbreaks this year in part due to the fact that 95% of residents and staff received the influenza vaccine at the beginning of the season in the fall. This is a great benefit for the residents as influenza is one of the serious illnesses in the elderly and they should be protected from it. The fact that we have had no serious outbreaks has allowed the staff to focus their efforts on the day to day needs of the residents.

Our physiotherapy program has been of great benefit in reducing immobility and improving the strength of the residents; I applaud its continuation.

St. Andrew's Residence continues to provide superior health care and is among the best facilities in the community. I offer special thanks to the Nursing and Health care staff for their dedication to the health and well-being of the residents.

Respectfully submitted  
Brian Gamble MA MD FCFP  
Medical Director, St. Andrew's Residence

**Message from the President of  
St. Andrew's Residence Auxiliary  
Linda Rieger**

In 2012 our executive consisted of Linda Rieger as President, Ann LaPointe as Secretary and Lynda Milord as Treasurer. I would like to thank Ann and Lynda for their dedication and for making my job easier.

The St. Andrew's Residence Auxiliary has a membership of 36 ladies. Four of the members reside at the residence. We had three new members join us in April 2012.

This past year we lost one of our special members, Catherine Gregorio. I say special, as all of the women in the auxiliary are special to me. They are like family. Each one of my ladies gives her time freely and never asks for anything in return. Gwen Taylor celebrated her 99th Birthday in March of 2013 and she still baked and delivered an Angel food cake to our bake table for the Strawberry social. Marg Tewkesbury will celebrate her 90th birthday in July of 2013 and she never misses a birthday party or a meeting. Her sister Amber Hall will turn 87 in July and she also never misses a chance to help out. Phyllis Urry is 91 and she was there at the strawberry social working at the bake table. Jane Smith, Marguerite Hearn, Jean McCracken, Rada Memedovich, Betty Nash, Elsie Wigle, and Dorothy Wilson are all in their 80's and yet they are the first ones to sign up to help out when needed. These are just a few of the names, as all of ladies work hard and together they do make a difference.

Our June 2012, strawberry social, complete with a bake table and jazzy jewellery table was a good money maker. As usual we had the ladies lining up at the jewellery table trying to find a bargain. Our yard sale was held in September and the ladies helped with the Penny sale in October. All were great successes. Monies earned at these events are used to help, where needed at the residence. Each year we ask the staff to notify us if there is anything that we can help purchase for the residence. In 2013 we are planning on purchasing a new computer for the residents to use.

We are still very involved with the monthly Birthday parties and we supply the cakes for as many months of the year as needed. A Birthday card with a toonie inside is given to each resident celebrating that month. Betty Nash, one of our auxiliary ladies delivers the cards personally to the person celebrating on the actual date of their birthday. In the past the cards were handed out at the monthly birthday parties. The residents seem to like getting their card on the actual day. Our members also help with the day away programs, work in the tuck shop, help with the monthly bingos and the treat cart, and supply transportation for any day trips that are planned.

I would like to recognize and thank Jessica Smith, Melissa Parker and Ina Beintema for all their assistance & support over this past year and I would also like to thank Carolynn Barco for coming to our meetings and keeping us updated on all the new things that are happening at St. Andrew's. On behalf of the Auxiliary I would like to thank the Board for inviting us to this Annual meeting.

May God grant St. Andrew's Residence a prosperous and rewarding 2013.